



Beattie Bighorn News

RAMS Climb Higher

January 2023

Beattie Elementary

**3000 Meadowlark Ave.
Fort Collins, CO 80526**

Office

970.488.4225

Fax

970.488.4227

Attendance

970.488.4226

Principal

Dave Patterson

School Website



IMPORTANT DATES

MONTH/DAY	TIME	EVENT
Jan 4		No School: Teacher Workday
Jan 5		Students Back to School
Jan 6		Newsletter Published
Jan 10	3:45-4:30	BAT/PTO Meeting
Jan 13		Spirit Day: Crazy Sock Day
Jan 16		No School: MLK Jr Day
Jan 26	5:00-6:30	Makers Fair Family Night
Jan 27		Spirit Day: Pajama Day

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of Northern Colorado

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Principal to Parent

The end of one semester and beginning of another is a time of reflection for our staff. We consider where we started the year, what skills our students have mastered, and where we still need to go in our teaching and standards work. Mid-year testing is underway, which will give a better indication of the achievement and growth students have made since August. We have seen strong student growth based on day-to-day learning aligned to what has been emphasized.

We've also noticed growth in our students' ability to work and play together. It has taken time this year to settle into school routines and for students to learn to consistently speak to each other using kind and friendly words. This is an area of growth for some while others show acts of kindness every day and model how they want to be treated.

Our students and staff have continued to work hard, and the momentum we had prior to the break will pick up again. We have a lot to accomplish, and our goals are still set high as we launch into a new semester.

Mr. Patterson

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We understand the stress of caring for a sick child.

Our providers are here to help get your family on the fast track to healthy.

 The Youth Clinic
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 Pediatric Urgent Care
OF NORTHERN COLORADO

Happy New Year

Happy New Year to you all! We hope that you had a great holiday and enjoyed time with family and friends. We also hope that all of your New Year’s wishes come true.



UPDATE

Principal Hiring Update

With Mr. Patterson’s retirement the end of this school year, we are looking for a new principal to take his place. The position was posted in December and interviews will likely happen in January or February. The new Beattie principal will be announced sometime in February. Staff and parents will have the chance to offer input regarding the characteristics, qualities, and experiences they value, and representatives from both groups will be asked to serve on the interview committee. Contact the school office if you want more information about this process or are interested in serving on the interview committee.

Report Cards will be available soon

Reports cards will again be available for view through ParentVUE. Teachers will be completing report cards the first week in January, and you can view them after 4:00pm on Friday, January 13. Remember that grades 1-5 are using standards-based grading, where no specific A-F grades are assigned. Instead of grades, students are given marks regarding how well they are progressing or mastering standards and meeting specific grade level benchmarks and expectations. This was a new change a few years ago to better align with the academic and personal development skills contained within our Colorado standards.



the LINCOLN center

ZU ZU

AFRICAN ACROBATS

Jan 13–14
All seats \$20

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Fall Youth Club Registration is OPEN!

Whether you are just dipping your toes in the climbing world, or looking to move into competitive climbing, there is a place for you at Ascent!

Clubs fill FAST! Register today!

970.999.5596
2150 Joseph Allen Drive, Fort Collins, CO 80525
ascentstudio.com/youth_clubs

ASCENT STUDIO

Coats & Boots

We have some coats and boots available for students needing this assistance. The North Fort Collins Business Association (NFCBA) donates to our school and other schools in Poudre School District each year. If you need a coat or snow boots for your child to help them get through the winter months, please contact the school. Our supplies are limited, and are on a first come, first serve basis.



Colorado Measures of Academic Success (CMAS)

The Colorado Measures of Academic Success (CMAS) is a statewide test of how well students have learned the skills outlined in the Colorado Academic Standards. Only 3rd, 4th, and 5th grade students are involved in this testing. The Colorado Department of Education has designated a testing window for this year, and we will soon be scheduling and will share that with you soon.

Parent Drop Off & Pick Up

We have noticed parents becoming upset with one another when traveling the streets around our school. Some behavior has even looked aggressive and included profanity. Remember that as adults around our school, we set an example for how we expect students to behave. We are the models and need to follow rules too. Please be sure you are being kind and thoughtful around our students, parents, staff, and community members. Everyone appreciates that.



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Makers Fair Family Night is back!

You're invited to have some fun using your creativity, imagination, and building skills. Travel around the school and create using materials provided by each grade level unit.



Build amazing structures in the gym. The activities during our Makers Fair are free to students and families. All you have to do is join us sometime between 5:30-7:00pm on Thursday, January 26. Travel around the building to the different grade levels and be ready to create! We look forward to seeing you.

PE and Health News

Hello Beattie Families. Happy holidays to you and yours. I have copied an article from the folks at Healthier Generations for you to enjoy . I wish you a healthy and happy holiday season.

Take good care.

Coach Mueller.

Simple Steps for Healthy Holidays

With cold and flu season upon us, there are a few key steps you can take now to protect your family and community through the months ahead:

- **Get a flu shot.** The CDC [recommends](#) that everyone 6 months and older get a flu vaccine each year, with rare exceptions.
- **Catch up on COVID-19 protection.** The [latest bivalent booster](#) provides protection against the original strain and the Omicron variant for everyone 6 months of age and older. Save time by scheduling a flu vaccine and COVID-19 booster at the [same appointment](#).

continued on next page

Supporting our Schools



Joe Mivshek
Joe.Mivshek@KW.com



970.420.7163



PE and Health News

continued

- Recommit to healthy habits that prevent the spread of viruses like flu, RSV, and COVID-19. Wash your hands often, cover your nose and mouth with a tissue when you cough or sneeze, try not to touch your face, and stay home when you're sick.

Help others protect their families and community this winter by sharing these helpful resources in English and Spanish.

[View bilingual resources](#)

Improve Reading Skills with Cookbooks for Kids by MARIA MINSKER

They offer yummy incentives

Struggling readers need all the encouragement they can get. Knowing there's a delicious dish at the end of the recipe is a surefire way to get little chefs motivated to sound out tough words and keep on reading, says Donna Stewart, president of the online tutoring service Reading Network and author of the blog Literacy for All Learners. (Bonus: Kids are more likely to try new foods if they've helped parents make them.)



They teach kids to follow directions

Cookbooks drill down the importance of reading carefully — miss a step in the instructions, and the dish could be ruined! Paying attention to details will become crucial for older readers and working through a recipe is a fun way to learn how to do that.

They introduce a whole new vocabulary

From funny-sounding ingredients to tricky cooking terms, there are tons of unfamiliar words in cookbooks, and putting those foods, tools, and measurements to use will help the meanings stick. Cookbooks are particularly good for mastering math lingo, such as one-half or one-fourth, and homemade pizza is the perfect demonstration tool!

Books Kids Want to Read

Kids love the cookbook shelf! Pick out a recipe to make together and you'll help them improve their reading skills. We welcome new cookbooks for kids if you want to donate gently used books. Thanks!

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Beattie Elementary Info:

Please give us a call if you have any questions.

- Office: 970-488-4225
- K-5 Attendance: 970-488-4226
- Early Childhood Attendance: 970-490-3336
- Fax: 970-488-4227
- School Website: <https://bea.pedschools.org>

PSD Info:

You can find information on our district website regarding:

- School Registration
- School of Choice
- Transportation
- School Meals
- Early Childhood Information-call Fullana with any questions-970-490-3204 or 970-490-3254
- Registering as a volunteer
- To access ParentVue
- And much more

<https://www.pedschools.org/>

Transportation Info:

If you want to find out if you can get Bus Transportation for your child you can call or email transportation.

Transportation Main Contact: 970-490-3232

Or email transportation@pedschools.org

AlphaBEST-Before & After School Care:

Register for AlphaBEST at: AlphaBEST.org/poudreco

If you would like information regarding before and after school care at Beattie, please email or call Lucy Nuremberg.

Phone #:970-216-0864

Email: lnuremberg@alphabest.org

When to Keep Your Child Home

Recommendations from PSD Health Services

There are three general reasons to keep sick children at home:

- The child does not feel well enough to participate comfortably in usual activities, or is contagious to others.
- The child requires more care than school staff is able to provide without effecting the health and safety of other children.
- The signs or symptoms are on the list for which temporary exclusion is recommended.

ACUTE ILLNESS:

Fever:

- Temperature of 100 degrees or higher
- Must be fever free for 24 hours without fever reducing medicines

Diarrhea:

- Frequent loose or watery stools within last 24 hours

Vomiting:

- Within the last 24 hours
- Until vomiting resolves or a healthcare provider decides it is not contagious
- Especially if your child vomits before leaving for school in the morning

Coughing:

- Severe uncontrolled coughing or wheezing that is uncomfortable to your child and/or disruptive to the learning process.
- Rapid or difficulty breathing
- In cases of asthma-if symptoms continue despite treatment.

Appearance/Behavior:

- Unusually tired or lacking sleep, pale, or irritable

Eyes:

- Eye redness and/or itching with a fever, excessive drainage, discomfort or eye rubbing.

Ears:

- Ear pain and/or drainage from ear

Rash:

- Body or local rash especially with itching, red bumps, and/or discharge, unless it has been diagnosed and is not contagious.

Sore Throat/Strep Throat:

- Especially with fever, swollen neck glands and/or white areas on throat

Upper Respiratory Infections/Colds:

- If your child has flu-like symptoms or discolored nasal drainage with or without any of the above signs or symptoms of illness.

Please allow 24 hours for all antibiotics to take effect

INJURY or DENTAL ISSUES:

Please consult with your primary health care provider for questions about diagnosis, treatment or concerns. If a child is having persistent dental pain, please contact a dentist. They will be able to give specific guidelines when it is safe and appropriate for your child to return to school.

Burns:

- The center of the burn is white or charred
- Burn starts to look infected with pus, red streaks, and/or increased tenderness
- Blisters that are greater than ½ inch in size

Cuts and Scrapes and Puncture Wounds:

- Open wound that may need stitches should be checked and closed within 6 hours
- Wound looks infected with redness, red streaks, swelling, fever and/or tenderness
- Puncture wounds, especially if child does not have current tetanus vaccine.

Head Injury/Concussion:

Contact a healthcare provider if:

- Your child loses consciousness
- Headache, Nausea/vomiting
- Unequal pupils/blurred vision, double vision
- Slurred speech/confusion/excessive drowsiness
- Loss of muscle coordination, such as falling down, dizzy, walking strangely or staggering
- Convulsions/seizures
- Bleeding or discharge from ear/nose

Please note: each child exhibits different signs and symptoms and recovery times vary.

http://rockymountainhospitalforchildren.com/index.php?option=com_content&view=article&id=3156&Itemid=557

Head Lice:

Please contact your school nurse or health tech for information.

12/6/13 DK

This information is based upon the Children's Hospital "Illness Policy: How sick is too sick?"

<http://www.thechildrenshospital.org/pdf/WhenToKeepChildHome-113010.pdf> and existing PSD guidelines. This list is not all inclusive. Our goal is to promote healthy environments for all students and staff. Thank you for your cooperation.

Cuándo dejar a su hijo/a en casa

Recomendaciones de los Servicios de Salud del PSD

Hay tres razones generales para dejar a un estudiante enfermo en casa:

- El estudiante no se siente lo suficientemente bien como para participar cómodamente en las actividades usuales, o puede contagiar a otras personas.
- El estudiante requiere más atención de la que el personal escolar le puede brindar, sin afectar la salud ni seguridad de otros alumnos.
- Las señales o síntomas, para las cuales se recomienda una exclusión temporal, se encuentran en la lista que se da a continuación.

ENFERMEDAD AGUDA:

Fiebre:

- Si tiene fiebre de 100 grados Fahrenheit o superior.
- No debe haber tenido fiebre durante 24 horas, sin haber tomado medicinas que reduzcan la fiebre, para poder regresar a la escuela.

Diarrea:

- Deposiciones sueltas o aguadas en las últimas 24 horas.

Vómito:

- En las últimas 24 horas
- Hasta que el vómito desaparezca, o un profesional del cuidado de la salud determine que no es contagioso/a.
- Especialmente si su hijo/a vomita antes de ir a la escuela en la mañana.

Tos:

- Tos o sibilancia fuerte e incontrolable que sea incómoda para su hijo/a, y/o que interrumpa el proceso de aprendizaje de los compañeros de clase.
- Respiración rápida o dificultad para respirar
- En los casos de asma-si los síntomas continúan a pesar de recibir tratamiento.
- **Semblante/Comportamiento:**
- Cansado/a fuera de lo común o le faltan horas de sueño, pálido/a o irritable.

Ojos:

- Si tiene ojos rojizos y/o comezón con fiebre, un exceso tanto de secreción de los ojos, como incomodidad o frotamiento de los mismos.

Oídos:

- Dolor de oído y/o drenaje del oído.

Salpullido:

- Salpullido en todo el cuerpo, o localizado en un lugar específico, especialmente con manchas rojizas abultadas con comezón y/o secreción, a menos de que se haya diagnosticado como algo que no sea contagioso.

Dolor de garganta/ Infección en la garganta por estreptococos:

- Especialmente con fiebre, inflamación de los ganglios linfáticos del cuello y/o áreas blancas en la garganta.

Infecciones respiratorias superiores/resfriados:

- Si su niño/a tiene síntomas como los de la influenza, o drenaje nasal amarillento o verduzco, con o sin alguna de las señales o síntomas de las enfermedades mencionadas anteriormente.

Por favor dé un tiempo de 24 horas para que todos los antibióticos hagan efecto.

LESIÓN o ASUNTOS DENTALES:

Si tiene preguntas acerca de diagnósticos, tratamientos o inquietudes, por favor consulte con su profesional del cuidado de la salud. Si un estudiante tiene un dolor dental persistente, por favor comuníquese con un dentista. Él/Ella le podrá dar pautas específicas para determinar cuándo es seguro y pertinente que su hijo/a vuelva a la escuela.

Quemaduras:

- El centro de la quemadura es blanco o chamuscado.
- La quemadura empieza a verse infectada, tiene pus, vetas rojas y/o está más sensible.
- Ampollas con un tamaño mayor de media pulgada.

Cortadas, raspaduras y heridas profundas:

- Heridas profundas que puedan necesitar puntos, deben revisarse y cerrarse dentro de las siguientes 6 horas.
- Las heridas se ven infectadas, con un color rojizo alrededor de las mismas, vetas rojas, hinchazón, fiebre y/o muy sensibles.
- Heridas profundas, especialmente si la vacuna contra el tétano del estudiante no es vigente.

Golpes en la cabeza/Contusión:

Comuníquese con un profesional del cuidado de la salud si:

- Su hijo/a está inconsciente.
- Tiene dolor de cabeza, náuseas/vómito
- Tiene pupilas desiguales/ve borroso, ve doble
- No puede hablar claramente/confundido(a)/ somnolencia excesiva
- Tiene pérdida de coordinación muscular que se manifiesta al caerse al suelo, estar mareado, caminar de manera extraña o tambaleante.
- Tiene convulsiones
- Tiene sangrado o secreción por el oído/nariz

Por favor tome nota: Cada estudiante muestra señales y síntomas diferentes, y los tiempos de recuperación varían.

http://rockymountainhospitalforchildren.com/index.php?option=com_content&view=article&id=3156&Itemid=557

Piojos de la cabeza:

Para obtener mayor información, por favor comuníquese con la enfermera o el/la auxiliar de enfermería de la escuela.

12/6/13 DK

Spanish 03/13/14 – PSD TD

Esta información tiene como base la póliza de enfermedad del *Children's Hospital "Illness Policy: How sick is too sick?"* <http://www.thechildrenshospital.org/pdf/WhenToKeepChildHome-113010.pdf> y las pautas actuales del PSD. Esta lista no incluye todas las enfermedades. Nuestra meta es promover entornos saludables para todos los alumnos y el personal. Gracias por su cooperación.